

Monday



**Art Studio:
Passover Pottery**
3rd-8th grades
4:00-5:00pm
9 classes
\$100



Guitar
2nd-5th grades
4:30-5:30pm
9 classes
\$150

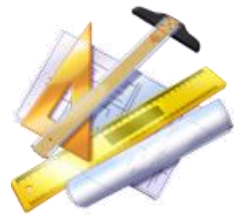


Baking
K-2nd grades
4:00-5:30pm
9 classes
\$100

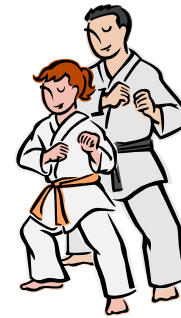
Tuesday



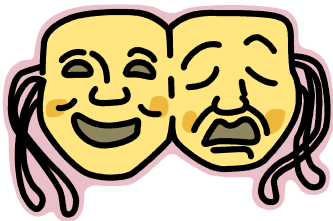
Yoga
K-5th grades
4:00-5:00pm
12 classes
\$170



Architecture
3rd-5th grades
4:00-5:00pm
12 classes
\$170

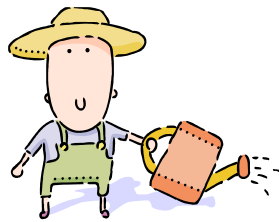


Martial Arts
K-5th grades
4:00-5:00pm
12 classes
\$170



**Oliver!
Cast**
4th-8th grades
4:00-6:00pm
\$250

Wednesday



**Gardening &
Folk Tales**
K-5th grades
4:00-5:00pm
12 classes
\$150

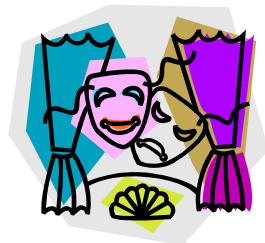


**Oliver!
Chorus**
1st-3rd grades
4:00-5:00pm
\$150

Thursday



Gymnastics
K-5th grades
4:00-5:00pm
12 classes
\$170



**Oliver!
Set Design**
3rd-8th grades
4:00-5:30pm
No Cost



Chess
1st-8th grades
4:30-5:30pm
12 classes
\$170

Club Descriptions

Architecture: Leap's Architects in Schools program helps children discover the mathematic, scientific and artistic principles behind architecture in a fun, hands-on environment. Fatimah will be using Google SketchUp, a free 3D modeling software that allows architects to virtually create the world around them. Children will gain a good understanding of how the built environment is put together through drawing and sculpture and then let their imaginations soar in the virtual world by creating new environments with Google SketchUp. Emphasis will be placed on the principles of green design and Organic Architecture, a design approach that closely integrates the natural world first developed by American architect Frank Lloyd Wright.

Art Studio: This session, Morah Laurie will be helping students create their own Passover-themed pottery. Kiddush cups, plates, and more will be created by students in the studio, then Morah Laurie will take them to be fired in a kiln. When she brings them back, they will be ready to be glazed and painted by the students. By the end of the session, students will have a few pieces of their own pottery to show off at the Passover table!

Baking: Join OHDS parent and returning resident After School Clubs chef Rachel Engel and bake up a storm in the school's Kosher kitchen. Under Rachel's instruction you'll mix and beat, bake and eat. Kids will make all sorts of creations including cookies, cakes, and other yummy goodies to take home for the family. At the end of the session, everyone gets to take home a cookbook of the recipes they've perfected. Yum!

Chess: The Berkeley Chess School is back for another year of Chess instruction! Studies have found that the hidden rewards for students of chess are surfacing on test results in reading, science and math along with findings that indicate growth in critical cognitive abilities such as deducing, hypothesizing, strategic thinking, logic and judgment. Beyond academia, chess influences social behavior, including self esteem, respect for others, patience and the old-fashioned notion of good manners. Come test your skills, learn new skills, and challenge new opponents every week while playing a timeless game!

Gardening & Folk Tales: Join our own Morah Yehudit in the school's garden for weekly interactive lessons in gardening. Students will plant, water, weed and care for the garden. They will also learn about the science behind plant life and how to create their own gardens at home. When weather doesn't permit outside gardening, students will gather inside to hear folk tales inspired by Rabbit Ears Radio, and engage in follow up activities and crafts.

Guitar: In this class you will learn the *Kenan Strumology*TM method, which will have you playing songs on the guitar in no time. Students will be able to take the guitars provided home with them for the session. A fun curriculum of rock and roll and folk-style guitar will have you coming back for more! Theo will return to instruct this class which will last until winter break when there will be a performance for the students to show off what kind of musicians they've become.

Gymnastics: Gymnastics is *Fitness in Transit's* specialty! This class will focus on improving confidence, coordination, motor skills, strength, and flexibility. Each class begins with a warm-up before moving on to tumbling passes and movement exploration. The class ends with instruction on various gymnastics apparatus such as the parallel bars, uneven bars, pommel horse and rings. A new piece of equipment will be used each week.

Martial Arts: Martial Arts serves as conditioning and self-defense practice for children to build their confidence and critical-thinking. It focuses on the ability to defend oneself and find the fun of cardio exercise. The class starts off with basic exercises of hand and feet defense blocking. Students are then instructed on principles of defense striking through a conditioning and stretching warm-up. As the class progresses exercises culminate into preparation for partnering activities.

Oliver!: Based on the book, *Oliver Twist*, by Charles Dickens, the musical *Oliver!* is a captivating story of a young orphan (Oliver) who lives in a large workhouse with other orphans and draws a great deal of attention to himself when he asks for "more" at the dinner table. No one likes a greedy orphan, so Oliver finds himself sold to an undertaker. He soon runs away and is taken in by a group of young pickpockets who try to teach the innocent boy to be a thief. Eventually Oliver escapes from the clutches of the crime ring and finds love, happiness, and a home." For more information, see the Oliver! flyer that went home last week or contact Izzy.

Yoga: Relax your bodies with *Fitness in Transit*. Yoga is a fun, challenging, and growth-inspiring activity for children. It focuses on techniques that will stretch, develop, and train your body and mind. This club includes breathing and visualization exercises to promote calmness and self-empowerment, as well as interactive and social games that build self-confidence. Students will learn traditional poses and will also learn to put the poses in motion. This club is a great way to relax at the end of the day!